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#### It's Pancake Day

[Shrove Tuesday]



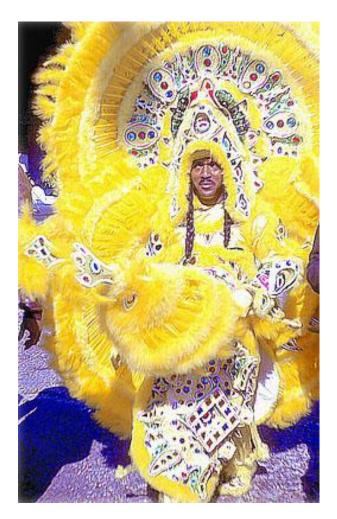
The Duchess of Cambridge Catherine "Kate" Middleton Flipping Pancakes

BBCAmerica



# Mardi Gras

[Fat Tuesday]



and

## Carnival Day

[that's carne-val from the Latin carnem levāre, "to put away meat"]

A Guide to the Wildest Carnival Celebrations Around the World

-- Shauna Beni, Megan Spurrell and Paul Rubio, Conde Nast Traveler (31 January 2020)



Lady in White Carnival of Venice Italy

And in in the run-up to Shrove Tuesday in the medieval town of Ivrea, Italy,
The Battle of the Oranges takes place

<u>In pictures: The battle of the oranges</u>
-- <u>BBCnews</u> (20 February 2020)

and

# tomorrow is Ash Wednesday

and

**Lent begins** 

[in the Christian world]



Ash Wednesday:
<a href="Lenten Food Regulations"><u>Lenten Food Regulations</u></a> begin for Roman Catholics and others



The Holy See (The Vatican)

## So Enjoy the Day! Eat well.

#### **Tim Roufs**

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